Evaluating and treating families the McMasta Approach.

Family Assessment Device - General Functioning Scale

1. Planning family activities is difficult because we misunderstand each other.  
   __SA  __A  __D  __SD  __

2. In times of crisis we can turn to each other for support.  
   __SA  __A  __D  __SD  __

3. We cannot talk to each other about the sadness we feel.  
   __SA  __A  __D  __SD  __

4. Individuals are accepted for what they are.  
   __SA  __A  __D  __SD  __

5. We avoid discussing our fears and concerns.  
   __SA  __A  __D  __SD  __

6. We can express feelings to each other.  
   __SA  __A  __D  __SD  __

7. There are lots of bad feelings in the family.  
   __SA  __A  __D  __SD  __

8. We feel accepted for what we are.  
   __SA  __A  __D  __SD  __

9. Making decisions is a problem for our family.  
   __SA  __A  __D  __SD  __

10. We are able to make decisions about how to solve problems.  
    __SA  __A  __D  __SD  __

11. We don't get along well together.  
    __SA  __A  __D  __SD  __

12. We confide in each other.  
    __SA  __A  __D  __SD  __

Evaluating and Treating Families
FAD General Functioning Scoring

1. 5 - ___ = ___
2. ___
3. 5 - ___ = ___
4. ___
5. 5 - ___ = ___
6. ___
7. 5 - ___ = ___
8. ___
9. 5 - ___ = ___
10. ___
11. 5 - ___ = ___
12. ___
Total ___ = ___

A score of 2.00 or above indicates problematic family functioning. The higher the score, the more problematic the family member perceives the family's overall functioning.

Used with permission:
Ryan, Epstein, Keitner, Miller and Bishop.