

Evaluating and treating families the McMasta Approach.

Family Assessment Device - General Functioning Scale

1. Planning family activities is difficult because we misunderstand each other.

__SA __A __D __SD __

2. In times of crisis we can turn to each other for support.

__SA __A __D __SD __

3. We cannot talk to each other about the sadness we feel.

__SA __A __D __SD __

4. Individuals are accepted for what they are.

__SA __A __D __SD __

5. We avoid discussing our fears and concerns.

__SA __A __D __SD __

6. We can express feelings to each other.

__SA __A __D __SD __

7. There are lots of bad feelings in the family.

__SA __A __D __SD __

8. We feel accepted for what we are.

__SA __A __D __SD __

9. Making decisions is a problem for our family.

__SA __A __D __SD __

10. We are able to make decisions about how to solve problems.

__SA __A __D __SD __

11. We don't get along well together.

__SA __A __D __SD __

12. We confide in each other.

__SA __A __D __SD __

Evaluating and Treating Families

FAD General Functioning Scoring

1. 5 - ____ = ____

2. ____

3. 5 - ____ = ____

4. ____

5. 5 - ____ = ____

6. ____

7. 5 - ____ = ____

8. ____

9. 5 - ____ = ____

10. ____

11. 5 - ____ = ____

12. ____

Total ____ = ____

12

A score of 2.00 or above indicates problematic family functioning. The higher the score, the more problematic the family member perceives the family's overall functioning.

Used with permission:

Ryan, Epstein, Keitner, Miller and Bishop.